

DONA[®]
International



*Soaring to
New Heights
16th Annual Conference*

August 5-8, 2010

Hotel Albuquerque at Old Town
Albuquerque, New Mexico
Register on-line at www.DONA.org

About the Conference

SCHEDULE

Wednesday, August 4, 2010

8:00 a.m.–5:00 p.m.—Preconference Program A

Thursday, August 5, 2010

8:00 a.m.–5:00 p.m.—Preconference Program A

8:00 a.m.–5:30 p.m.—Preconference Program B

1:00 p.m.–5:00 p.m.—Preconference Program C

4:00 p.m.–8:30 p.m.—On-site check in and registration

6:00 p.m.–7:00 p.m.—Welcome Reception

Friday, August 6, 2010

7:00 a.m.–10:15 a.m.—On-site check in and registration

8:15 a.m.–4:45 p.m.—Conference sessions

5:00 p.m.–6:00 p.m.—DONA International Membership Meeting

7:30 p.m.–10:00 p.m.—Sharing Circles

Saturday, August 7, 2010

7:30 a.m.–8:15 a.m.—On-site check in and registration

8:15 a.m.–5:00 p.m.—Conference sessions

11:45 a.m.–1:45 p.m.—Founders' Awards Luncheon

7:30 p.m.–10:30 p.m.—Saturday Evening Event

Sunday, August 8, 2010

8:30 a.m.–11:30 a.m.—Conference sessions

11:30 a.m.–12:15 p.m.—Conference Closing

1:45 p.m.–7:00 p.m.—Postpartum Doula Workshop

3:00 p.m.–9:00 p.m.—Birth Doula Workshop

Monday, August 9, 2010

8:00 a.m.–6:00 p.m.—Birth Doula Workshop/Postpartum Doula Workshop

Tuesday, August 10, 2010

8:00 a.m.–12:30 p.m.—Birth Doula Workshop

8:00 a.m.–6:00 p.m.—Postpartum Doula Workshop

3:00 p.m.–9:00 p.m.—Birth Doula Trainer Workshop

Wednesday, August 11, 2010

8:00 a.m.–12:00 p.m.—Birth Doula Trainer Workshop

8:00 a.m.–1:15 p.m.—Postpartum Doula Workshop

3:00 p.m.–9:00 p.m.—Postpartum Doula Trainer Workshop

CONTACT INFORMATION

For specific questions about the conference or registration, call the DONA International Home Office at 888.788.DONA (3662) or e-mail info@DONA.org.

For hotel information, call the Hotel Albuquerque at Old Town at 800.237.2133 or visit the web site at www.HotelABQ.com. Register on-line by entering GRPH08 in the rate code box.

For more information visit www.DONA.org



About DONA International

DONA International is an international association of doulas who are trained to provide the highest quality birth and postpartum support to childbearing women and their families. DONA International is a non-profit organization that was founded in 1992 as Doulas of North America (DONA).

Conference Objectives

- Evaluate methods used to provide birth and postpartum support and educate the community about the role of the doula
- Describe practices that are effective in motivating, nurturing and educating birth and postpartum support professionals
- Network with other professionals who provide support for childbearing families

You Will Want to Attend!

DONA International has designed an invigorating and dynamic conference that will offer attendees the opportunity to learn from and mingle with many distinguished speakers and authors. Learn new skills, network with new and experienced doulas and other professionals, renew old friendships and make new ones. DONA International conferences are educational, inspirational and FUN!

Everyone is invited—birth doulas, postpartum doulas, childbirth educators, nurses, midwives, doctors, chiropractors, alternative and complementary care providers, massage therapists, lactation consultants, parent educators, social workers and all others with an interest in birthing and postpartum families.

Pre-Conference Programs

Program A—Lamaze Childbirth Educator Workshop

Program B—Dancing for Birth™ Instructor Training Workshop

Program C—Use of TENS in Labor for Birth Doulas

Maximize your conference experience—attend a pre-conference workshop. Complete details, including program schedule, objectives, faculty information, required reading, any prerequisites and registration deadlines are available on the DONA International web site at www.DONA.org. Fees are listed on the Registration Form.

Post-Conference DONA International Workshops

Birth Doula Workshop

Birth Doula Trainer Workshop*

Postpartum Doula Workshop

Postpartum Doula Trainer Workshop*

Join other prospective birth or postpartum doulas and allied health professionals in these intensive doula workshops. Complete details, including workshop schedule, objectives, faculty information, required reading, prerequisites and registration deadlines are available on the DONA International web site at www.DONA.org. Fees are listed on the Registration Form.

**Note: Birth or postpartum doula trainer candidates must also meet certain qualifications and be accepted to attend before registering. See the web site for further information.*

Conference Details

Conference and Workshop Fees

Early registration discounts must be postmarked or confirmed on-line by 5 p.m. EST on June 22, 2010.

Conference and workshop fees have been adapted to country of origin. See the registration form for adjustments or check the International Fee Group Index at www.DONA.org.

DONA International can only accept payment in US dollars.

How to Register

Register on-line at www.DONA.org in the DONA Boutique.

Register by mail or fax with payment in USD.

Register on-site, **only** if space is available.

Conference Registration Includes

The special pre-conference Welcome Reception on Thursday, August 5.

The core conference Friday, August 6 to Sunday, August 8 which includes six (6) general sessions and your four (4) choices from twenty-four (24) concurrent sessions.

Admission to the Exhibit Hall.

Access to conference handouts on the DONA International web site prior to the conference and a complimentary program book and CD of all handouts and materials for each session received at the conference.

A light breakfast and lunch on Friday and Saturday, an American breakfast on Sunday and refreshment breaks.

Cancellations and Refund Requests

All refund requests must be submitted in writing to the DONA International Home Office postmarked by July 20, 2010.

A non-refundable processing fee of \$75 (US funds) will be retained in all cases for each conference fee refund request.

After July 20, you may transfer your registration to a substitute, but you must notify the DONA International Home Office.

Continuing Education

The core conference qualifies as formal continuing education for doula recertification and trainer reapproval with DONA International.

Application has been made for continuing education contact hours for the core conference to the Indiana State Nurses Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. It is the responsibility of the individual registrant to ascertain whether this offering meets Board of Nursing rules of mandatory continuing education in the registrant's state or province.

The registrant must attend a session in its entirety to receive continuing education credit for that session.

Breastfeeding Babies

Breastfeeding babies up to six (6) months of age (in arms or slings only, no strollers) who remain quiet may accompany a conference registrant at sessions, at meals and in the Exhibit Hall.

A comfortable breastfeeding room will also be available for nursing mothers.

Special Dietary Needs

For vegetarian meal options, check the space on the registration form.

Other special dietary needs may be accommodated if neither administratively nor financially burdensome. E-mail LisaMcDonald@DONA.org prior to July 1, 2010 with "Menu" in the subject line.

Volunteers Invited

Help make this conference a success—indicate your interest in volunteering on the Registration Form.

Volunteers will not miss meals or sessions.

Networking Opportunity

See the Sponsor/Exhibitor/Advertiser Prospectus at www.DONA.org for advertising and exhibiting opportunities or contact Exhibits@DONA.org.

Exhibits and Silent Auction

Be sure to visit the Exhibit Hall often to take advantage of the products and services being offered.

Place your bids for Silent Auction items. Proceeds provide full conference early registration fee waivers to qualified applicants through the Doula Spirit Fund.

Recordings

Video and audio recording of any session is strictly prohibited.

Professional recordings of individual sessions and the full conference will be available for sale on-site after the conference.

Your attendance at this conference indicates your willingness to be photographed, filmed or recorded.

Change in Program

DONA International reserves the right to substitute or cancel speakers and/or sessions.

General Session Speakers



April Broussard, BA

Fleming Island, Florida

Ms. Broussard is a social media consultant, speaker and workshop facilitator with a passion to educate, coach and inspire. She teaches individuals and companies how to leverage social media and take advantage of the opportunities available in the virtual marketplace.



Jay Gordon, MD, FAAP, IBCLC

Santa Monica, California

Dr. Gordon is a pediatrician, faculty at UCLA Medical Center and Cedars-Sinai Medical Center, board certified lactation consultant, La Leche League professional advisor, medical consultant for television and movies, international lecturer and author of many articles and books, as well as being a father. His book credits include: *Good Food Today*, *Great Kids Tomorrow*, *Brighter Baby*, *Good Night! The Parents' Guide to the Family Bed*, *Hug Your Baby*, *Listening To Your Baby: A New Approach to Parenting Your Newborn* and his most recent book, *The ADD and ADHD Cure, the Natural Way to Treat Hyperactivity and Refocus Your Child*.



Kathleen Kendall-Tackett, Ph.D., IBCLC

Amarillo, Texas

Dr. Kendall-Tackett is a health psychologist, International Board Certified Lactation Consultant and a specialist in mind-body medicine. She is a Clinical Associate Professor of Pediatrics at Texas Tech University School of Medicine in Amarillo, Texas, Acquisitions Editor for Hale Publishing, Fellow of the American Psychological Association in both the Divisions of Health and Trauma Psychology and Associate Editor of the journal *Psychological Trauma*. Dr. Kendall-Tackett authored more than 230 journal articles, book chapters and other publications and authored or edited 19 books in the fields of trauma, women's health, depression and breastfeeding, including *Depression in New Mothers, 2nd Edition*, *The Psychoneuroimmunology of Chronic Disease*, *Non-Pharmacologic Treatments for Depression in New Mothers* and *Breastfeeding Made Simple* (co-authored with Nancy Mohrbacher).



Marshall Klaus, MD

Berkeley, California

Dr. Klaus is an Adjunct Professor of Pediatrics at the University of California at San Francisco. He is a Founder of Doulas of North America (DONA International) and co-author of the books, *Care of the High Risk Neonate*, *Bonding: Building the Foundations of a Secure Attachment and Independence*, *The Doula Book* and *Your Amazing Newborn* in addition to numerous journal articles.



Michel Odent, MD

London, England

Dr. Odent has been in charge of the surgical and maternity units at the Pithiviers state hospital in France (1962-1985) and is the founder of the Primal Health Research Centre (London). In the 1970s he introduced the concepts of home-like birthing rooms and birthing pools in maternity hospitals. He is the author of the first article in the medical literature about the use of birthing pools (Lancet 1983), of the first article about the initiation of lactation during the hour following birth and of the first article applying the Gate Control Theory of Pain to obstetrics. He created the Primal Health Research database (www.primalhealthresearch.com) and the web site www.wombecology.com. He is the author of 12 books published in 22 languages.



Penny Simkin, PT, CD(DONA)

Seattle, Washington

Ms. Simkin is a physical therapist, childbirth educator, certified birth doula, birth doula trainer and DONA Birth Doula Mentor. She is a Founder of Doulas of North America (DONA International) and an international speaker and author or co-author of numerous articles and books, including *Pregnancy, Childbirth and the Newborn*, *The Birth Partner*, *The Labor Support Handbook* and *When Survivors Give Birth*.

Agenda

PRE-CONFERENCE PROGRAMS

Complete descriptions of pre-conference programs are available on the web site. Fees and registration deadlines are listed on the Registration Form.

A. Lamaze Childbirth Educator Workshop **Wednesday-Thursday, August 4-5, 2010 | 8:00 a.m. – 5:00 p.m.**

Ann Tumblin, LCCE, CD(DONA)

This workshop is one step on the path to becoming a Lamaze certified childbirth educator and has been specifically designed as a conference companion. Both the workshop and the conference must be attended and concurrent session 106 is required.

B. Dancing for Birth™ Instructor Training Workshop **Thursday, August 5, 2010 | 8:00 a.m. – 5:30 p.m.**

Stephanie Larson, DFB, CD(DONA), CBE, BFA

Train to be a certified instructor. Learn how to use dance to facilitate birth and gain new strategies for active birth preparation. Discover birth wisdom from ancient cultures. No prior experience required—if you think you can't dance, all the more reason to attend!

C. Use of TENS in Labor for Birth Doulas **Thursday, August 5, 2010 | 1:00 p.m. – 5:00 p.m.**

Debbie Young, CD(DONA), PCD(DONA), LCCE

Learn to use Transcutaneous Electrical Nerve Stimulation (TENS) with your clients who are experiencing back pain as one of the tools to help them be more comfortable. This class will go over the reasons to use TENS and when to avoid using it.

CONFERENCE

Complete descriptions of concurrent sessions are available on the web site. Fees and registration deadlines are listed on the Registration Form.

Thursday, August 5, 2010

6:00 p.m. – 7:00 p.m. — Welcome Reception in Exhibit Hall

Friday, August 6, 2010

8:15 a.m. – 8:45 a.m. — Welcome and Conference Opening

8:45 a.m. – 9:45 a.m. — General Session One

Postpartum Joy

Michel Odent, MD

“Joy” – particularly joy related to childbirth – is an unknown concept in the scientific literature, while keywords like “fear,” “stress,” “anxiety,” “psychological distress,” “depression,” “disgust,” for example, are highly productive. We will interpret this contrast.

10:30 a.m. – 12:00 p.m. — Concurrent Sessions (Choose one)

101 – New Criteria to Evaluate the Practices of Midwifery and Obstetrics

Michel Odent, MD

102 – Fulfilling DONA International’s Mission through a Volunteer Doula Program

Katie Daily, ICCE, CD(DONA)

103 – The Fundamentals: How to use Twitter and other Web-based Social Networking Tools

April Broussard, BA

104 – The Importance of Trust: Physiology, Psychology and Practical Application for Doulas

Danette Watson, BA, CCE(NACE)

Agenda

105 – Growing Your Postpartum Doula Heart and Mind

Ann Grauer, LCCE, CD(DONA), PCD(DONA), IBCLC

106 – It's in the Bag!

Ann Tumblin, LCCE, CD(DONA)

1:30 p.m. – 2:30 p.m. — General Session Two

Social Media: Connect with Clients and Colleagues

April Broussard, BA

Social Media has now permeated every industry. The result is new methods of communication. There is an unbelievable opportunity to connect with clients or colleagues and build relationships that impact you and your work. Come learn how others are using these tools. Discover why blogging has become so popular. Learn how to use Facebook for professional use. Tweet, tweet...explore the world of Twitter.

3:15 p.m. – 4:45 p.m. — Concurrent Sessions (Choose one)

201 – Helping Women after Negative or Traumatic Childbirth

Phyllis Klaus, MFT, LMSW

202 – Creating a Birth Plan – Why Bother?

Carolyn Ogren, RN, ICCE, CD(DONA)

203 – A Human Rights Initiative: 10 Steps to Optimal MotherBaby Maternity Services, The International MotherBaby Childbirth Initiative

Debra Pascali-Bonaro B.Ed, LCCE, CD(DONA), PCD(DONA)

204 – HypnoBirthing® - The Mongan Method

Diana Zacharin, CD(DONA), HBCE, CCCE, BFRP

205 – Slow Down, You Are Breathing Too Fast!

Karen Reed, LCCE, CD(DONA)

206 – Risk Management for Doulas and Doula Programs

Patty Brennan, BA, CD(DONA), PCD(DONA)

5:00 p.m. – 6:00 p.m. — DONA International Membership Meeting

7:30 p.m. – 9:00 p.m. — Sharing Circles

Saturday, August 7, 2010

8:15 a.m. – 9:30 a.m. — General Session Three

Nighttime Breastfeeding and Postpartum Depression

Kathleen Kendall-Tackett, Ph.D., IBCLC

Does nighttime breastfeeding elevate the risk of postpartum depression? There are an increasing number of books that tell mothers not to breastfeed at night in order to prevent depression. This presentation includes an analysis of nighttime feedings, sleep deprivation, and depression, while accounting for other depression risk factors, such as trauma history, postpartum pain, and lack of support.

10:15 a.m. – 11:45 a.m. — Concurrent Sessions (Choose one)

301 – Breastfeeding Made Simple: Seven Natural Laws for Nursing Mothers

Kathleen Kendall-Tackett, Ph.D., IBCLC

302 – It's Research AGAIN in 2010!

Patricia Predmore, BSN, LCCE, FACCE, ICCE, CD(DONA), CLEC

303 – Celebrating Commonalities of DONA Doulas: Results of the DONA Pilot Study

Kathie Lindstrom, CD(DONA), LCCE, FACCE and Jalana Grant, CD(DONA), LCCE

304 – Doula Marketing Basics: It's Easier Than You Think

Jessica English, BA, LCCE, CD(DONA)



Agenda

305 – The Rebozo—an Extension of Our Embrace

Carrie Kenner, BA, CCE, CD(DONA)

306 – ¿Se Habla Español?

Elena Carrillo, LCCE, FACCE, CLC, CD(DONA)

11:45 a.m. – 1:45 p.m. — Founders' Awards Luncheon

1:45 p.m. – 2:45 p.m. — General Session Four

Why Eat Any Mercury-Containing Fish At All? Pre and Post Natal Nutrition: Eating for a New Generation

Jay Gordon, MD, FAAP, IBCLC

Women today receive more and more information from the mainstream media about what not to eat during their pregnancies. Signs in supermarkets cautioning women to limit their number of servings of swordfish and restaurants posting warnings of the dangers of alcohol consumption during pregnancy have become commonplace. There is excellent medical and common sense evidence that the best nutrition during pregnancy gives the best outcome. Focusing on what not to eat is an important start, but careful consideration of what's left to eat is also often overlooked.

3:30 p.m. – 5:00 p.m. — Concurrent Sessions (Choose one)

401 – Vaccine Round Table: The Latest – A Question and Answer Session

Jay Gordon, MD, FAAP, IBCLC

402 – When Advocacy and Reality Collide: Fighting the Three-Year Itch

Stefanie Antunes, LCCE, CD(DONA), CHBE

403 – The Darker Side of Motherhood: Supporting Moms with Mood Disorders

Shoshana Bennett, Ph.D

404 – The Yoga Birth Method - Using Yoga in Labour for a Natural, Mindful, Enlightened Birthing Experience

Dorothy Guerra, Registered Yoga Teacher, Doula

405 – They Won't Let Me Play

Sheri Deveney, CD(DONA), LCCE

406 – Supporting a Woman with an Epidural

Penny Simkin, PT, CD(DONA)

7:30 p.m. – 10:30 p.m. — Saturday Evening Event

To be announced. Watch the web site for details!

Sunday, August 8, 2010

8:30 a.m. – 9:45 a.m. — General Session Five

Maternity Care Revisited

Marshall Klaus, MD

We watched in dismay in the early 1990s as the situation around birth began to change as a rising tide of medical, surgical and instrumental interventions served to treat childbirth almost like an illness. We argued that these trends have dire consequences on maternal and infant health. This has led to high rates of unwarranted procedures but has not produced an improvement in the outcome for mothers or babies. Some common interventions can actually hinder and prolong labor. We propose a return to non-intrusive care with decreased interventions which would allow the mother with support the power to birth her baby.

10:00 a.m. – 11:30 a.m. — General Session Six

Childbearing in Social Context: How Our Culture and Society Shape Our View of Women and Childbirth

Penny Simkin, PT, CD(DONA)

Agenda

This illustrated presentation examines, decade-by-decade, key historical events and trends since 1950 in the U.S.A. and other countries and how they relate to childbirth attitudes and management. Trends to be examined include technology, politics, the environment, war, health, economy and the women's movement.

11:30 a.m. – 12:15 p.m. — Conference Closing

POST-CONFERENCE DONA INTERNATIONAL WORKSHOPS

Complete descriptions of birth and postpartum doula workshops and trainer workshops are available on the web site. Fees and registration deadlines are listed on the Registration Form. **Note: Birth or postpartum doula trainer candidates must also meet certain qualifications and be accepted to attend before registering. See the Web site for further information.*

Birth Doula Workshop | August 8-10, 2010

Penny Simkin, PT, CD(DONA) and Kathie Lindstrom, CD(DONA), LCCE, FACCE

The workshop is for anyone interested in assisting women and their families to have a satisfying birth experience. Attendance constitutes one step in the process to become a DONA International certified birth doula.

***Birth Doula Trainer Workshop | August 8-11, 2010**

This workshop will prepare **qualified* participants to design their own birth doula workshop curriculum and to apply for DONA International approval.

Postpartum Doula Workshop | August 8-11, 2010

Jacqueline Kelleher, CD(DONA), PCD(DONA), CLC

The workshop is for anyone interested in assisting families through the weeks following the birth of a new baby. Attendance constitutes one step in the process to become a DONA International certified postpartum doula.

***Postpartum Doula Trainer Workshop | August 8-11, 2010**

This workshop will prepare **qualified* participants to design their own postpartum doula workshop curriculum and to apply for DONA International approval.

Hotel Information

Hotel Albuquerque at Old Town

Albuquerque, New Mexico

Detailed information about the Hotel Albuquerque can be found on the Web site.

Conference Room Rate, per night

\$139 USD single/double; \$154 USD triple; \$169 USD quad

Standard hotel tax and service rates apply

Reservations should be made EARLY!

Hotel Albuquerque at Old Town

800 Rio Grande Boulevard, NW
Albuquerque, New Mexico 87104

Make your reservations on-line at www.HotelABQ.com and enter GRPH08 in

the rate code box or contact Reservations and request the group rate for the *DONA International Annual Conference*.

Phone: 505.843.6300

Toll free: 800.237.2133

**Deadline for the special conference
group rate is Wednesday, July 5,
2010, subject to availability.**



Registration Form—Part 1

Please print and mail to the DONA International Home Office
or register on-line at www.DONA.org

First Name _____ Last Name _____

Date _____

Name as you would like it
to appear on your name badge _____

Street Address/Apt # _____

City _____

State/Province _____ Zip/Postal Code _____

Country _____

Day Phone (_____) _____

Evening Phone (_____) _____

E-mail Address _____

First DONA Conference? () Yes () No, it is # _____

() I am interested in volunteering at the Conference

() I **do not** want my name and address included on a list of registrants available to exhibitors

Please check all that apply

- () Birth Doula DONA certified? () Yes () No
() Postpartum Doula DONA certified? () Yes () No
() DONA approved Doula Trainer () Birth () Postpartum
() Childbirth Educator
() Certified CBE with _____
() Midwife
() Lactation Consultant
() Physician
() Massage Therapist
() Physical Therapist
() Registered Nurse in _____ (State/Province/Country)
() Other _____

Concurrent Session Selections (number your 1st through 3rd choices)

Friday, August 6th – 10:30 am – 12:00 pm

_____ 101 _____ 104
_____ 102 _____ 105
_____ 103 _____ 106

Saturday, August 7th – 10:15 am – 11:45 am

_____ 301 _____ 304
_____ 302 _____ 305
_____ 303 _____ 306

Friday, August 6th – 3:15 pm – 4:45 pm

_____ 201 _____ 204
_____ 202 _____ 205
_____ 203 _____ 206

Saturday, August 7th – 3:30 pm – 5:00 pm

_____ 401 _____ 404
_____ 402 _____ 405
_____ 403 _____ 406



Share a Hotel Room Request

Please read carefully and sign only if you want to be on the
"Share a Room" list.

I would like to be included on the "Share a Room" list, which will be distributed to me and other conference registrants upon their request for the same purpose. I release DONA International from any and all responsibility and from any harm intended or unintended as a result of this "Share a Room" list containing my name, state/province, country, phone and e-mail address.

Signature

Date

Registration Form—Part 2

Postmark your registration by June 22 for early-bird savings and to get your first choice of sessions! Not a DONA member? Join DONA International now for reduced member fees! **Regular registration fees postmarked after June 22 can be found on the Web site at www.DONA.org.**

CONFERENCE FEES <i>All fees are in US Dollars only*</i>		EARLY REGISTRATION Postmarked by June 22 (5:00 p.m. EST)			SUBTOTAL
		Group A*	Group B*	Group C*	
Full Conference					
<input type="checkbox"/> Members		\$275	\$230	\$185	
<input type="checkbox"/> Non-Members		\$375	\$315	\$250	\$
One Day Conference					
<input type="checkbox"/> Members		\$135	\$115	\$95	
<input type="checkbox"/> Non-Members		\$185	\$155	\$125	\$
Pre-Conference Program A — Lamaze Childbirth Educator Workshop					
<input type="checkbox"/> Members		\$250	\$210	\$170	
<input type="checkbox"/> Non-Members		\$300	\$250	\$205	\$
Pre-Conference Program B — Dancing for Birth™ Instructor Training Workshop					
<input type="checkbox"/> Members		\$150	\$124	\$102	
<input type="checkbox"/> Non-Members		\$200	\$166	\$136	\$
Pre-Conference Program C — Use of TENS in Labor for Birth Doulas					
<input type="checkbox"/> Members only		\$60	\$50	\$40	\$
Birth Doula Workshop					
<input type="checkbox"/> Members		\$300	\$250	\$205	
<input type="checkbox"/> Non-Members		\$350	\$295	\$235	\$
Postpartum Doula Workshop					
<input type="checkbox"/> Members		\$350	\$295	\$235	
<input type="checkbox"/> Non-Members		\$400	\$335	\$270	\$
Vegetarian meals required _____ (please check) (See the Conference Details page for information on how to meet other dietary needs.)					No Charge
DONA International Membership					
<input type="checkbox"/> One-Year Membership		\$50.00*	\$41.50*	\$34.00*	
<input type="checkbox"/> Two-Year Membership		\$85.00*	\$70.50*	\$57.60*	
<input type="checkbox"/> Three-Year Membership		\$125.00*	\$103.75*	\$83.75*	\$
Doula Spirit Fund					
I would like to make a contribution to assist another member of DONA International to attend the DONA International Conference. <i>Donations are not tax deductible as DONA International is a 501(c)(6) nonprofit organization.</i>					\$
*Fees have been adapted to country of origin. Group A: USA, Group B: Canada, Group C: Mexico. If your country is not listed here, check the International Fee Group Index at www.DONA.org , e-mail info@DONA.org or call the Home Office at 888.788.DONA (3662). DONA International can only accept payment in US Dollars.				Total Enclosed (in USD)	\$

Method of Payment

- Check or Money Order # _____
(USD only—Payable to DONA International)
- VISA MasterCard American Express Discover

Name on Credit Card _____

Credit Card Number _____

Expires _____

Signature _____

Date _____

- Mail completed registration form (both sides) with payment, in USD only, to Annual Conference, DONA International, 100 East Washington Street, Springfield, IL 62701
- Fax to 217.528.6545
- Easy on-line registration at www.DONA.org

DONA International
16th Annual Conference
100 East Washington Street
Springfield, IL 62701

For questions about registration
Phone 888.788.DONA (3662)
E-mail LisaMcDonald@DONA.org

www.DONA.org